

## About Group Analysis

'Group Analysis' is a method developed for working therapeutically with people in groups.

Dr. S.H. Foulkes, a psychoanalyst, applied psychodynamic theory together with elements of Gestalt Psychology and aspects of the sociology of Norbert Elias to the group setting. Together with his colleagues he then founded the Institute of Group Analysis in London, from where a number of courses have been set up in the UK and in many other countries.

## About The Course

The aim of the course is to enable students to experience what happens when people meet and work together in a group. You will learn about and experience group process through lectures, seminars, workshops and through being a member of an experiential group for the duration of the course.

The Diploma in Group Work also meets on the same weekend. This offers a unique opportunity to experience community living, with the dynamics this generates, within a supportive and tranquil setting.

The rhythm of the course in a block format gives the opportunity to work intensively and brings to the foreground the importance of working with boundaries and separations.

## Timetable

The course runs over 5 weekends:

2018: Oct 5th, Dec 7th

2019: Feb 1st, April 5th, and June 7th

These run from Friday 5pm to Sunday 3.30pm, the Friday evening workshop begins at 5.30pm. Members should aim to attend all of the five weekends in 2018 and 2019.

On each weekend there are six experiential group meetings, and one large group with diploma students.

## The Theory

Jo Goodman

Member Institute Group Analysis

The workshops provide an introduction to the psychodynamic theory underlying Group Analysis. On Saturday mornings there is a keynote lecture with a guest-speaker.

Other seminars and workshops explore further the practicalities of working with groups in various settings (NHS, Social Services, Private Practice, and Counselling etc.)

Students will be invited to participate actively by presenting relevant papers.

In other seminars students can, if they wish, present their own work situation and discuss whichever problems they experience there.

The Course Handbook will be provided as soon as the students have registered for the course.

## The Group Experience

Conducted by

Lucy Chessum

Justin Phipps

Member of the Institute of Group Analysis

Although the 45 hours spent in an experiential group can only provide an introduction, it is also true that the participants discover quite a few things:-

- About themselves as they seek to relate to each other in the group on a strictly personal level.
- About therapeutic groups: which experiences can be helpful and which might be potentially harmful.
- About the skills of a group conductor: how to cope with the stress which working with therapeutic groups inevitably brings; how to facilitate communication and how to safeguard the boundaries etc.
- About the limitations of group therapy: concerning one's own suitability and also its use for others.
- About the space within groups to connect and experience others views, thoughts, processes around the course and learning about Group Analysis.

## Further Training....

As one of the national foundation courses in group analysis, our course provides a comprehensive introduction to Group-Analytic theory and practice and how it can be applied to other types of groups that we might encounter in our everyday lives.

The course can stand alone, or, following successful completion, be used as access to further courses which lead to a professional qualification, membership of the Institute of Group Analysis and registration with the United Kingdom Council of Psychotherapy.

## The Setting

The Turvey Centre was established in 1992 by Gregory van der Kleij and Dr.Terry Lear, and is situated in the grounds of the Monastery of Christ Our Saviour, adjacent to Turvey Abbey.

The monastery provides a peaceful setting for the centre, which is a non-religious organization and all are welcome.

Confidentiality is maintained within the course and all clinical discussions are bound by a joint wish to respect others work and the material contained within.

# TURVEY GROUPWORK

## Contact:

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The Centre, in the grounds of the Monastery of Christ Our Saviour, adjacent to Turvey Abbey, is located between Northampton and Bedford and is within easy reach from the M1 exit 14. Access via first turn on left in Jack's Lane.

Course fee: £1,200

Students can contact the Monastery secretary Johan about meals and accommodation, the cost of which is not included in the course fee via [barberjohan@gmail.com](mailto:barberjohan@gmail.com)

Turvey Groupwork is a registered charity in England (1172067)

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## FOUNDATION COURSE IN GROUP ANALYSIS

Convenor: Jo Goodman  
Member  
The Institute of Group Analysis

Five weekends, between October 2018 and June 2019 in Turvey, Bedfordshire.